

# Rob Thirst - Squash Coach

## Squash & Squash 57 Coach

- England Squash Level 3 Talent Development Coach
- Mens Norfolk County Champion
- World Ranked no.445
- England Squash Young Coach of the Year 2016/17
- 9+ years coaching experience
- Coach to multiple Junior County & Regional Champions and top 10 nationally ranked juniors



## What I can offer you

- Gain further **insight** and **knowledge** as to what it takes to improve at Squash and Squash57
- Progress **technically, physically and tactically** at all levels from **beginner** to **elite**
- Join a stable of players **improving quickly** at **all ages** and levels
- Help you enjoy one of the world's **healthiest sports** in a **fun social environment**

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